

# What's the feeling?

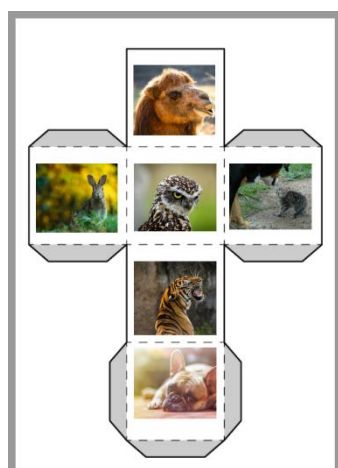
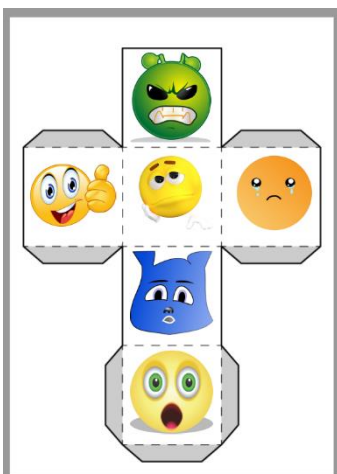
## What happened, what may happen next?

### Activity:

1. Make the feeling dice and choose the one you'd like to throw (you may need to be very gentle if you've made it from paper not cardboard!)

*If you haven't got a printer can you find some feelings faces on people or animals in old magazines and stick them on a cube shaped box you may be able to find in the food cupboard (or you could make your own die template by drawing around something square and following the pattern on the feeling dice here)?*

2. Throw the die and have a look at the top surface.
3. How is the emoji or the animal feeling do you think?
4. What just happened?
5. Do you think the emoji or the animal feels safe?
6. What could the emoji or the animal do next?
7. Can you draw your favourite animal and mark on all the Early Warning Signs it has when it doesn't feel safe?
8. Can you write or tell a story which has all the animals and their feelings in it?



**If the animal isn't feeling safe, what do you think their Early Warning Signs may be and what might you see that would give you a clue, apart from their face?**

**E.g. a hedgehog may roll into a ball when it doesn't feel safe**